

# CARQUINEZ VILLAGE

CONNECTING, SUPPORTING, *and* INSPIRING OLDER ADULTS

## President's Letter

by Helen Hughes

It seems to have been a very busy month. Many of you know that I am selling my house to downsize! Things are going well, however, I just can't find a place to buy here in Benicia. I will keep trying.

The Brain enrichment program came to an end. Everyone really enjoyed it. The next one will be in the fall.

We've started to picnic in the park again every month as well as play bocce ball every Wednesday. We had a great turnout at the potluck at my place and the food was amazing as usual. The over 80's also met this month and it was a pleasure to go to their get-together.

As the weather continues to get better I hope to see you all out and about enjoying all the activities that we put together for you all.

Cheers, Helen

### Sailing Adventure!

Members of Carquinez Village enjoying a boat ride, one of several trips auctioned at our annual fundraising event.



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## Editor's Notes

by Lois Requist



This edition comes on the heels of a trip to Barcelona with my newly graduated granddaughter, Olivia Requist. Traveling with someone sixty years younger than me offers an opportunity to reflect on the differences which time makes in our perceptions, as well as our physical abilities. Sometimes, I had to say, "Slow down," as she walked brusquely ahead of me. She always did, but sometimes forgot. After all, there's lots to see and only so much time to do it.

A reminder here: with the passing of Judie Donaldson, who wrote a column every other week for the Benicia Herald, her columns are sorely missed. Thanks to Diane Choquette who writes one column a month and to Barbara Engdahl who has supplied material for several columns. If you'd like to try your hand at writing, please do so! Let me know and I can give you some tips. Your view of the world and of Carquinez Village is unique! We'd like to hear about it. My email is [lois@requist.com](mailto:lois@requist.com).

## Member Spotlight: Joe Athey & Carlo Carlucci

by Greg Plant

Joe Athey and Carlo Carlucci have a lot of history together and between them. Carlo is a second-generation Italian immigrant via San Joaquin Valley. Joe is a second-generation English immigrant via Iowa.

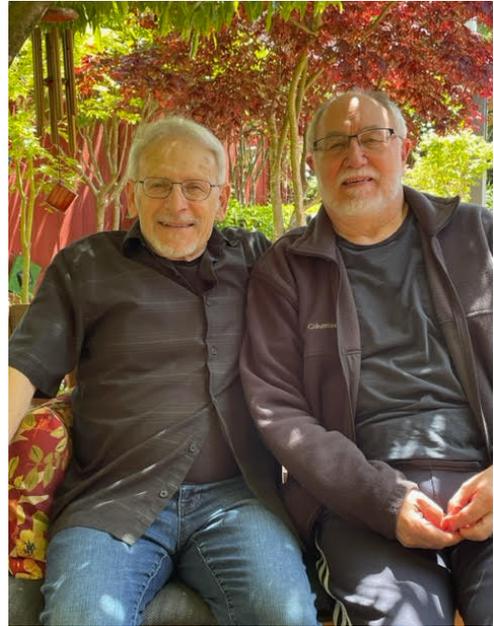
Another “together” is teaching unusual courses. Joe retired after years of instructing classes on social skills and anger management at Napa State Hospital. Carlo taught Greek and Latin at the University of California at Berkeley.

Carlo still teaches – cooking to Carquinez Village members through his occasional cooking shows on Zoom, with Joe as his sous chef.

Joe and Carlo have other “togethers” to keep them busy after 44 years – a love of cooking, eating, hosting parties, and Carlo's painting.

Gardening is a special passion for Joe, as are his kids and grandkids. Carlo gives back by leading the CV Monday discussion group.

Carlo has collected family recipes “all my life,” he says – so is there a book planned? Carlo just smiled.



## THANK YOU!

Thanks to Jeanne Hamann of Hamann Real Estate for her donation to St. Vincent de Paul in the name of Carquinez Village which allowed members to take things they wanted shredded to St. Dominic's.

Please support the businesses that support Carquinez Village!

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# Our Newest Members

by Susan Neuhaus

## Christine Dunn

Christine was a long-term Vallejo resident and a good friend of the Plutchoks. She has moved to Benicia and now that she is finishing up the remodeling of her home is looking forward to meeting new people and getting involved in our activities.

## Patricia Monteau

Patricia is our first Mare Island member. She lives in their first residential community. She has had an interesting and diverse life. She was a "Donut Dolly" in South Korea, she has written advertising copy, was with the Red Cross, was a photographer, painter, singer, and plays the dulcimer. She is interested in meeting new people and checking out our activities.



## Kathryn Sweet and Merle Wilcoxon

Kathryn and Merle helped with the creation of our Village. With their prior experience in volunteer management, they developed the policies and procedures for our volunteer function. We are pleased to have them back. They are interested in meeting new people and checking out our programs. Merle is thinking of joining our new Bocce Ball group. Though Kathryn is still working on a contract basis, we hope she will also join in some of our activities.

## Jon Snyder

Jon and his wife recently moved here to Benicia from Marin County. Jon has had a robust second encore as a volunteer in many organizations. He is looking to learn about and get involved in our activities.

## Carol Reed and Brian Smith

Carol and Brian have lived all over. Brian was a Navy officer on an amphibious attack vessel and Carol was a chef and owned her own bakery in Florida. Eventually, they both met in San Francisco. They are both active with the Parkinson's group, Carol was involved in event planning for the recent event, in which Carquinez Village was asked to speak about Judie Donaldson.

**SALE**

- New fly fishing Mitchell Rod with Quantum GP-40 Reel, \$125.
- Sage Rod 590-4RPL \$180.
- Conolon Cive Fiber Rod (used) \$50.
- Also, Shimano: CS300A, \$75.
- Shimano AX4000RA, \$75.
- Portable Line Spooling Station \$30.
- Men's boat shoes, Tan. Brand: Fives. Size 9 new. \$25.
- Yamaha acoustic guitar with case. Like new. \$70.

Call Barbara Wood 707-745-6353

# June Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
	Monday Chat - ZOOM - 1:30 PM Afternoon Movie Club Discussion - 4:00 PM	Tuesday Cafe - 10:00 AM	Boy-o Boy! Bocce Ball! - 10:30 AM	Meditation Group - 3:00 PM	Friday Walking Group - 11:00 AM	
4	5	6	7	8	9	10
	Monthly Grief Support Group - 10:00 AM Monday Chat - ZOOM - 1:30 PM Afternoon Movie Club Discussion - 4:00 PM	Tuesday Cafe - 10:00 AM Trader Joes Shopping Trip - 12:00 PM	Boy-o Boy! Bocce Ball! - 10:30 AM Carquinez Village Board Meeting - 1:00 PM	Village Writers Group - 1:00 PM Meditation Group - 3:00 PM	Friday Walking Group - 11:00 AM	
11	12	13	14	15	16	17
Sunday at the San Francisco Symphony - 2:00 PM	Monday Chat - ZOOM - 1:30 PM Afternoon Movie Club Discussion - 4:00 PM	Tuesday Cafe - 10:00 AM	Boy-o Boy! Bocce Ball! - 10:30 AM Monthly Picnic: Francesca Terrace Park - 12:00 PM	Fall Detection Devices and YOU - 10:30 AM Meditation Group - 3:00 PM	Friday Walking Group - 11:00 AM	
18	19	20	21	22	23	24
	Monday Chat - ZOOM - 1:30 PM Afternoon Movie Club Discussion - 4:00 PM	Tuesday Cafe - 10:00 AM	Boy-o Boy! Bocce Ball! - 10:30 AM Vallejo Member Group - 12:00 PM	Benicia Summer Walking Group - 9:30 AM Village Writers Group - 1:00 PM Meditation Group - 3:00 PM	Fields of Lavender at the Bee Farm, Petaluma - 10:00 AM Friday Walking Group - 11:00 AM	Monthly Potluck - 5:00 PM
25	26	27	28	29	30	1
Sunday at the San Francisco Symphony - 2:00 PM	Monday Chat - ZOOM - 1:30 PM Afternoon Movie Club Discussion - 4:00 PM	Tuesday Cafe - 10:00 AM	Boy-o Boy! Bocce Ball! - 10:30 AM Mens Group - 11:30 AM	Benicia Summer Walking Group - 9:30 AM Meditation Group - 3:00 PM		

For information or to register for an event by phone – (707) 297-2472  
 Village Support Services, rides, chores, etc. - (707) 741-1656

[Click here to register on the Events Page](#)